



NOVEMBER NEWSLETTER



Honoring Veterans Day & Holiday Safety Tips

Happy Veterans Day to all those who have served this country. We thank you, and appreciate the sacrifices you and your families have made.



If you are looking for ways to continue serving your community, here are a few resources:



Team Rubicon, The Compton Veterans, and The Mission Continues give veterans the chance to continue helping people who are affected by disasters and who live in under-represented communities.



Online Shopping Safety

HOW DO ATTACKERS TARGET ONLINE SHOPPERS?

- Creating fraudulent sites and email messages
- Intercepting insecure transactions
- Targeting vulnerable computers

HOW CAN YOU PROTECT YOURSELF?

- Do business with reputable vendors
- Make sure your information is being encrypted
- Be wary of emails requesting personal information
- Use credit instead of debit cards



Stay Healthy This Holiday

As we start to gather with friends and family and weather cools, it's important that we stay vigilant of infectious diseases like COVID-19, Respiratory Syncytial Virus (RSV), and the seasonal flu. As a reminder, consider wearing a mask in large crowds, stay home when sick, wash your hands with warm water and soap, and cover your mouth and nose when coughing or sneezing.

Flu and COVID-19 are not the same virus but both can cause severe illness and both have life-saving vaccines. Get vaccinated today to stay protected this season. Visit myturn.ca.gov to find a local vaccination clinic today!



What's On Your Table?

Homes are up to three times more likely to experience cooking fires and injuries during the winter holidays. Keep your table safe with a few easy tips:

REMOVE OPEN
FLAMES IN
PRESENCE OF
CHILDREN

BE ATTENTIVE:
UNATTENDED COOKING
CAUSES HALF OF ALL
HOME FIRES

CHECK AND TEST
YOUR SMOKE ALARM
PRIOR TO COOKING

KEEP SHARP OBJECTS
TUCKED AWAY WHEN
NOT IN USE

PREVENT BURNS: KEEP
HOT LIQUIDS AWAY
FROM PLACES WHERE
THEY CAN BE KNOCKED
OVER

