



NEWSLETTER

October



October is scary for a lot of reasons, but it shouldn't be. Whether it is spooky cybersecurity criminals attempting to steal important information, goblins and ghouls during Halloween, or earthquakes, it is easy to prepare and be safe.

Below are 4 easy ways you can stay safe online

Source: <https://www.cisa.gov/cybersecurity-awareness-month>

Recognize & Report Phishing

- Be cautious of unsolicited messages asking for personal information.
- Avoid sharing sensitive information or credentials with unknown sources.
- Report phishing attempts and delete the message.



Use Strong Passwords

- Strong passwords are long, random, unique and include all four character types (uppercase, lowercase, numbers and symbols).
- Password managers are a powerful tool to help you create strong passwords for each of your accounts.



Turn On Multi-Factor Authentication

- You need more than a password to protect your online accounts and enabling MFA makes you significantly less likely to get hacked.
- Enable MFA on all your online accounts that offer it, especially email, social media and financial accounts.



Update Software

- Ensuring your software is up to date is the best way to make sure you have the latest security patches and updates on your devices.
- Regularly check for updates if automatic updates are not available.



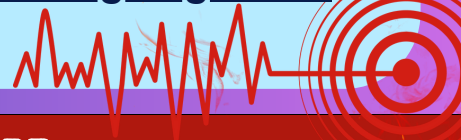


"DONUT" BE SCARED OF EARTHQUAKES

This year's International ShakeOut Day is October 17, when millions worldwide will participate in earthquake drills at work, school, or home!

At 10:17 a.m. (local time) on 10/17, you can join millions of people worldwide practicing earthquake safety. Practicing what to do in the event of an earthquake can make it less scary for you and your loved ones. The Great Shakeout Drill is the perfect opportunity to practice DROP, COVER, and HOLD ON. You can register you or your organization for the Great Shakeout Drill at <https://www.shakeout.org/register/>.

Source: [shakeout.org](https://www.shakeout.org)



FIRE PREVENTION WEEK

Source: <https://www.nfpa.org/events/fire-prevention-week>

Fire Prevention Week is October 6-12, 2024. This year's FPW campaign, "Smoke alarms: Make them work for you!" strives to educate everyone about the importance of having working smoke alarms in the home.



Install Smoke Alarms

Install smoke alarms in every bedroom, outside each separate sleeping area (like a hallway), and on each level (including the basement) of the home.



Test

Test smoke alarms at least once a month by pushing the test button.



Replace

Replace all smoke alarms or batteries when they are 10 years old or as needed. Set a reminder for when you need to replace batteries or the smoke alarm.