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Emergency Management Department Newsletter

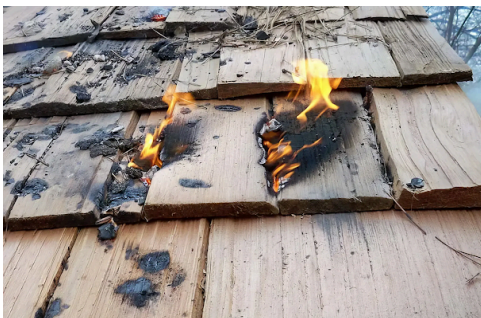


Connect with Us!

Topic of the Month: Wildfires

Fire is very powerful. In under 30 seconds, small flames can grow out of control and reach 600 degrees. The heat and smoke from a fire can be more dangerous than the flames. In Los Angeles, wildfires are common. That is why it is so important to have a family plan in case of a fire. For more tips on how to protect your family and your home, check out the links below and visit the **Los Angeles Fire Department** website at lafd.org/wildfire.

Wildfire Preparedness



Home Hardening is a method of utilizing construction features, building materials, and maintenance practices intended to increase a building and structure's resistance to ignition from fire exposure, including direct flame contact, radiant heat and embers

[Learn About Hardening Your Home](#)



The many hillside communities within Los Angeles are under continuous threat of a devastating wildfire. The "Ready, Set, Go!" program is designed to walk you through the steps to take to ensure you are prepared in the case of an approaching wildfire.

[Learn about LAFD's Ready, Set, Go Program](#)

People With Disabilities



Planning for emergencies and disasters is an important part of taking care of yourself and those around you. Emergencies and disasters can strike quickly and without warning. Having an emergency preparedness plan, emergency supply kit, and a support network can reduce the fear and anxiety that accompany emergencies and disasters.

Disability intersects every demographic group, there are people with disabilities of all ages, races, sex or national origin. In addition, disabilities can impact a person in a variety of ways, both visible and invisible. For people with disabilities and their families, it is important to consider individual circumstances and needs to effectively prepare for emergencies and disasters.

If you have a mobility disability (and even if you don't) plan to evacuate early -- **before** an evacuation order is issued. Plan ahead for accessible transportation that you may need for evacuation or getting around during or after disaster. Check with local transit providers as well as with your emergency management agency to identify appropriate accessible options.

[Learn About Integrated Evacuation Planning](#)

Personal Preparedness

The City of Los Angeles Emergency Management Department is committed to helping residents stay informed and prepared for emergencies. Through our programs and resources, such as Ready Your LA Neighborhood and NotifyLA, EMD provides guidance on how to prepare yourself, strengthen neighborhood readiness, and stay connected during emergencies. We encourage all Angelenos to take proactive steps. Visit the links below to learn more about emergency preparedness and to sign up for emergency alerts.



Prepare Your Household



Prepare Your Neighborhood



Sign Up For NotifyLA

May 3–9: National Small Business Week 2026

For more than 60 years, the U.S. Small Business Administration (SBA) has celebrated National Small Business Week (NSBW), which acknowledges the critical contributions of America's entrepreneurs and small business owners. National Small Business Week 2026 will take place May 3-9, and SBA will officially recognize their hard work, ingenuity, dedication, and their contributions to the economy.



More than one in four businesses will experience a significant crisis each year; of those businesses that experience a disaster and have no emergency plan, 43 percent never reopen; of those that do reopen, only 29 percent are still operating two years later.

Prepare Your Business

Learn About Business Disaster Resilience

LA Fleet Week: May 19 to 25

LA Fleet Week is a free, multi-day, Memorial Weekend event honoring the US Navy, Marines and Coast Guard.

LA FLEET WEEK®



LA Fleet Week kicks off summer right with ship tours at the Port of Los Angeles in San Pedro, a waterfront festival, live entertainment, competitions, and community activations from the Grove to Disneyland. LA Fleet Week marks the first event in LA's AMERICA 250 celebration.

- Hang out with US Navy Sailors at The Grove on Wednesday, May 20th!
- Head to Downtown San Pedro for the Welcome Party on Thursday, May 21st!
- Tour the historic USS Iowa which served from 1943 to 1990 and other active-duty Navy ships

Join LA Fleet Week!

Public Health Hub

Public Health emphasizes the importance of staying up to date on critical safety alerts, including a botulism recall for Good Brain Tonic and record-high typhus cases in L.A. County. In May, we will observe Mental Health Awareness Month and National Physical Fitness and Sports Month. This month, take a moment to prioritize yourself. Check in with your loved ones, and remember that seeking support is a sign of strength, not weakness.

May Observances



May Focus Points

- **Awareness:** Normalizing the conversation around mental health.
- **Education:** Understanding how mental factors impact daily life.
- **Action:** Encouraging proactive self-care and professional help.
- **Connection:** Strengthening community bonds to ensure nobody has to struggle alone.

Benefits of Physical Activity

- **Enhances Overall Fitness:** Boosts your physical health, energy levels, and general well-being through consistent movement.
- **Prevents Chronic Disease:** Significantly lowers the long-term risk of serious health conditions.
- **Supports Mental Health:** Acts as a powerful tool to reduce stress and alleviate symptoms of anxiety and depression.

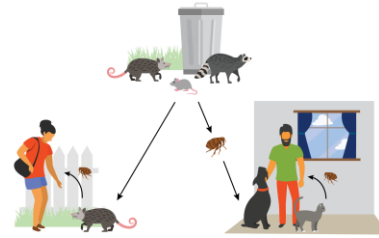
Trending in Public Health



Ocean Water Quality Check



Food & Product Recalls



Flea-borne Typhus

Los Angeles County Public Health Infoline is here to help (833) 540-0473

Mental Health Resources

[Understanding How to Help Someone with Depression](#)

[A Guide to Different Types of Therapy](#)

[The Importance of Mental Health](#)

This section of the newsletter aggregates information from the City of Los Angeles, LA County Public Health, and government partners. For official mandates, refer to the linked primary sources. This content is for informational purposes only and is not medical advice.



This newsletter has been created for you by the Community Partnerships and Engagement Division
Emergency Management Department (EMD)

City of Los Angeles

[Emergency.LACity.gov](https://www.lacity.org/emergency)

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